

age	men 2025- 2029	women 2025-2029
30	1,000	1,000
31	1,010	1,010
32	1,018	1,021
33	1,026	1,031
34	1,038	1,042
35	1,052	1,052
36	1,064	1,063
37	1,076	1,073
38	1,088	1,084
39	1,100	1,096
40	1,112	1,108
41	1,124	1,122
42	1,136	1,138
43	1,148	1,155
44	1,160	1,173
45	1,173	1,194
46	1,187	1,216
47	1,201	1,240
48	1,215	1,265
49	1,230	1,292
50	1,247	1,321
51	1,264	1,352
52	1,283	1,384
53	1,304	1,419
54	1,327	1,456
55	1,351	1,494
56	1,376	1,534
57	1,401	1,575
58	1,425	1,617
59	1,451	1,660
60	1,477	1,704
61	1,504	1,748
62	1,531	1,794
63	1,560	1,841
64	1,589	1,890
65	1,620	1,942
66	1,654	1,996
67	1,693	2,052
68	1,736	2,109
69	1,784	2,168
70	1,833	2,226
71	1,883	2,285
72	1,932	2,343
73	1,981	2,402
74	2,031	2,464
75	2,083	2,528
76	2,139	2,597

77	2,202	2,670
78	2,271	2,749
79	2,348	2,831
80	2,430	2,918
81	2,524	3,009
82	2,635	3,104
83	2,755	3,201
84	2,877	3,301
85	3,008	3,403
86	3,168	3,507
87	3,356	3,613
88	3,545	3,720
89	3,709	3,827
90	3,880	3,935
91	4,059	
92	4,247	
93	4,443	
94	4,648	
95	4,863	